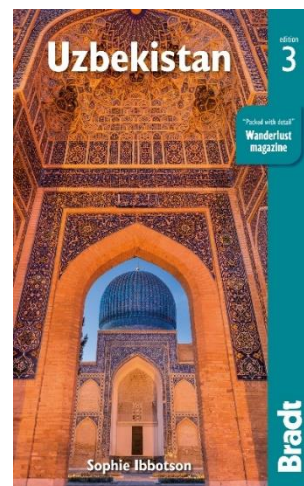


Let Sophie Ibbotson and Tim Burford guide you around this quintessential Silk Road destination

- Experience new entertainments, such as the sound and light show at the Registan in Samarkand.
- Discover the world's best collection of Russian avant-garde art.
- See Uzbekistan's endless deserts and the majestic mountainscapes of the Tien Shan range.

The authors had this to say: 'Uzbekistan captures the imagination like almost nowhere else. The people, ideas and goods that travelled east to west, and, indeed, west to east, have left indelible marks on Uzbekistan's landscape, its culture and the genetic make-up of its people, creating a diverse destination with layer upon layer of competing (but entwined) identities.'



To request a review copy or arrange an interview, Q&A or talk with Sophie or Tim, please contact: ellie.cotton@bradtguides.com. Competition giveaways and reader discount codes are also available for this title.

***Uzbekistan* by Sophie Ibbotson and Tim Burford**
Published by Bradt Travel Guides, 2nd December 2019
9781784771089, £17.99

About the Authors

Sophie Ibbotson and Max Lovell-Hoare first arrived in central Asia in 2008 when their two auto-rickshaws (tuk-tuks) got snowed in en route from Darjeeling, India, to London. Forced to overwinter, they fell in love with the region and became excited by the opportunities it offered. Sophie now runs Maximum Exposure Ltd, providing tourism and culture consultancy and PR services, and is the co-founder and managing editor of Panorama: The Journal of Intelligent Travel. She is also a member of council of the Royal Society for Asian Affairs (www.rsaa.org.uk).

This edition has been updated by **Tim Burford**, who has spent almost 30 years writing guidebooks, many in the post-Soviet sphere - Romania, Poland and Ukraine, Georgia and Armenia, Dresden and Bratislava. Uzbekistan, therefore, felt familiar from the outset. Tim studied languages at Oxford and has now written nine guides for Bradt.

About Bradt Travel Guides

Founded in 1974, Bradt is now the largest independently owned travel guide publisher in the UK, with more than 200 titles currently in print, over half of which have no direct competition from other guidebook lists. The company has won many awards including gold in the Top Guidebook Series category at the 2019 *Wanderlust* awards.

www.bradtguides.com

Pioneering guides to exceptional places