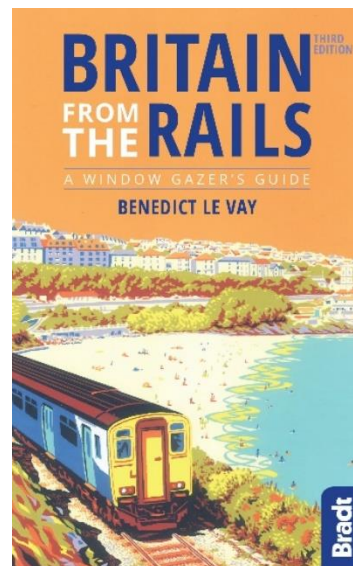


Date: 04.10.2019

Discover the best of Britain from the rails with Benedict le Vay

- Find out about the new Borders Railway in Scotland and the eccentric Jolly Fisherman line in Lincolnshire.
- Discover branch lines and 'secret railways' across the country.
- Seek out regional treats with entire chapters dedicated to 'Wales Rails' and 'East Anglia: A Circular Tour'.

Benedict le Vay says: 'There are endless books about trains, about the history of the railways, about stations, signal boxes, carriages, wagons, as specialist as you like. There are also myriad books about British cities and countryside, about what is wonderful and fascinating about different patches of our unique island. But there were none that successfully combined the one type of book with the other (after all, you look at the country while sitting on trains) until now. And this is I do with deep knowledge, love and enthusiasm for both parts.'



To request a review copy or arrange an interview, Q&A or talk with Benedict, please contact: ellie.cotton@bradtguides.com. Competition giveaways and reader discount codes are also available for this title.

***Britain from the Rails* by Benedict Le Vay**

Published by Bradt Travel Guides, 4th October 2019

9781784771416, £16.99

About the Author



Benedict le Vay says he loves train travel because it's romantic, fun, comfortable, civilised, sociable, fascinating and doesn't damage the wonderful places you go to. To date, he has written five books for Bradt (many on the 'Eccentric Britain' theme) as well as holding down a full-time job as a Fleet Street newspaper sub-editor. He ascribes his early interest in railways to the fact that his mother grew up on his grandfather's private train, as the chief inspector of Indian railways. Later, as a London schoolboy, he played cricket next to the tracks where the luxury Golden Arrow train to Paris steamed past. Needless to say, he dropped a few catches.

About Bradt Travel Guides

Founded in 1974, Bradt is now the largest independently owned travel guide publisher in the UK, with more than 200 titles currently in print, over half of which have no direct competition from other guidebook lists. The company has won many awards including gold in the Top Guidebook Series category at the 2019 *Wanderlust* awards.

www.bradtguides.com

Pioneering guides to exceptional places