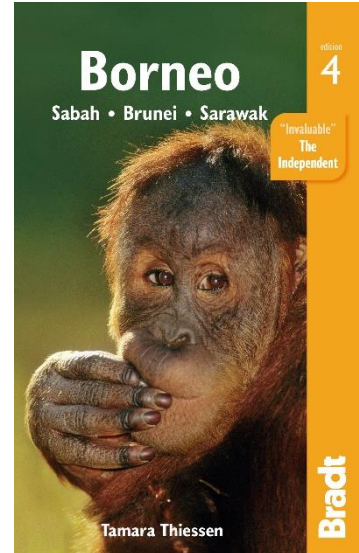


Date: 01.03.2020

For those seeking cultural and natural authenticity Borneo is a dream destination – let expert author Tamara Thiessen show you around this island paradise

- Adventure into the island's dense jungle – home to an astounding diversity of otherworldly flora and fauna – and come face to face with the 'Man of the Jungle', Borneo's charismatic orangutan.
- Uncover archaeological treasures in Sarawak's impressive Niah Caves.
- Trek deep into the crater-like Maliau Basin, Sabah's 'Lost World' or scale Mount Kinabalu, the island's highest peak at 4,095m.
- Sample street food at Kota Kinabalu's vibrant night markets.

The author had this to say: 'From the outset I was inspired to write this guide because I am very attached to wild island ecology. Borneo, like my island home of Tasmania is a biodiversity hotspot; however, like many paradises, the very things that make Borneo so magical are under threat. Its extraordinary natural world and traditional cultures have been seriously eroded over the past half-century, with up to 50% of its tropical forests lost and much of its flora and fauna pushed towards extinction. In some cases, it is too late to turn back the clock; in others, the world must be on high alert in order to preserve what remains.'



To request a review copy or to arrange an interview, Q&A or talk with Tamara, please contact: ellie.cotton@bradtguides.com. Competition giveaways and reader discount codes are also available for this title.

***Borneo* by Tamara Thiessen**

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About the author



Journalist, travel writer-photographer, self-declared islomaniac Tamara Thiessen lives between the Australian state of Tasmania and a base in Paris. After a decade as radio and television journalist, in 1997 she gained a Masters degree in European Journalism in Strasbourg and since then she has worked as a freelance foreign correspondent for newspapers and radio stations around the world. Malaysia has developed into a kind of halfway home in her migrations between the hemispheres.

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