

## ADVANCE BOOK INFORMATION

# Kashmir and Ladakh

**Author: Sophie Ibbotson**

**November 2019 2nd edition**

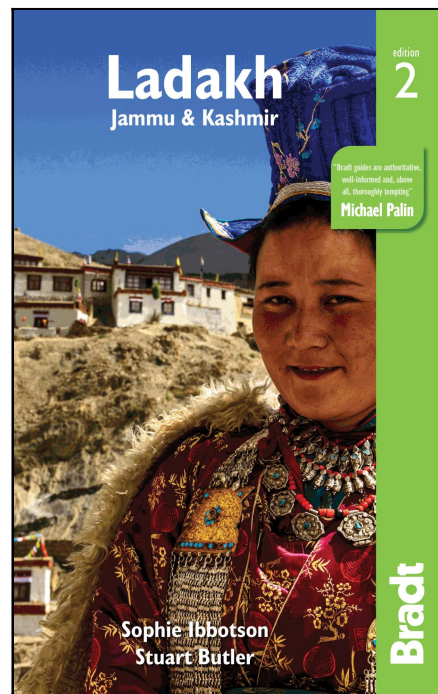
Bradt's Ladakh, Jammu and Kashmir remains the only standalone guide in English available to this stunning region of mountain wilderness and lush valleys. This book is the ideal companion whether you want to white-water raft on the Indus, travel in a jeep along nerve-wracking mountain roads, relax on a houseboat, explore Buddhist culture in tucked away Ladakhi monasteries or hike over the high passes.

### KEY SALES POINTS

- The only standalone guide in English available
- Ladakh is becoming an ever more popular destination
- Fully updated (the first edition was called Kashmir)
- Includes a dedicated chapter on trekking, with additional trekking information and new maps
- Includes new travel routes

### About Bradt Travel Guides

- Founded in 1974, Bradt is now the largest independent guidebook publisher in the UK with over 200 titles in print
- WINNER of the Gold award for Best Guidebook Series in the Wanderlust Reader Travel Awards 2018
- Bradt guides are written by authors who really know their destinations. Many are resident there, or have been visiting regularly over a number of years
- Each new Bradt guide is backed by a dedicated press and social media campaign



**NEW EDITION**



### SPECIFICATION

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**Bradt**