

Date: 05.08.2019

## Explore the land of cider and cheese with local author Norm Longley.

- Explore Somerset's wide range of landscapes – windswept marshes, wild moorland, limestone gorges and fossil-filled cliffs.
- Get historic with a visit to the UNESCO World Heritage city of Bath.
- Savour the tastes of Somerset with suggestions for restaurants, pubs and food stores packed full of locally sourced food and drink.

Norm Longley had this to say about why he wanted to write a Slow Travel guide to Somerset: "Somerset frequently confounds expectations – it certainly confounded mine during the course of writing this book, and I've lived here on and off for most of my life."

To request a review copy or arrange an interview, Q&A or talk with Norm, please contact: [holly.parsons@bradtguides.com](mailto:holly.parsons@bradtguides.com). Competition giveaways and reader discount codes are also available for this title.

***Slow Travel: Somerset* by Norm Longley**  
**Published by Bradt Travel Guides, 5 August 2019**  
**9781784776176, £13.99**

### About the author

**Norm Longley** was brought up in Somerset, attending schools in Yeovil and the Quantocks, and after a 15-year hiatus – albeit still returning on a regular basis to see family and friends and the occasional Yeovil Town game – moved back in 2009, settling in the village of Chilcompton, roughly equidistant between Bath and Wells. With his family he often spends weekends roaming the Somerset countryside in search of exciting and/or novel things to do – or at the very least, hunting down good food and drink. He has been a guidebook writer for around 20 years and has written for *The Guardian* and *Independent*.

### About Bradt Travel Guides

Founded in 1974, Bradt is now the largest independently owned travel guide publisher in the UK, with more than 200 titles currently in print, over half of which have no direct competition from other guidebook lists. The company has won many awards including gold in the Top Guide Book Series category at the 2019 *Wanderlust* awards.

