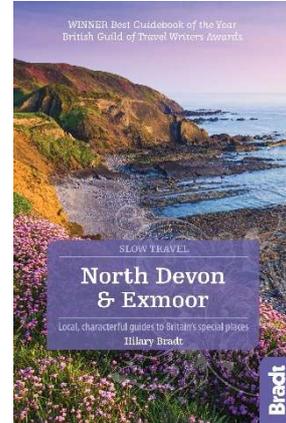


Date: 15.02.2019

Let Bradt's founder Hilary Bradt show you around her most favourite region of Devon

- Enjoy some of the best walking in Britain, with a choice of moorland, cliff-top or valley.
- Stroll through famous or secret gardens
- Experience Hartland's extraordinary coast of tortured rocks
- Make friends with the little fellows in England's only Gnome Reserve
- Learn to surf, paddle a kayak, or just relax on some of the country's best beaches
- Get completely away from it all to car-free Lundy island



Although a relatively recent incomer (2008), Hilary Bradt has embraced her adopted county with unbridled enthusiasm, authoring three regional guides. But although, like children, one shouldn't have favourites, *North Devon and Exmoor* comes out tops. The area has everything, fantastic walking, charming villages serving cream teas at every turn, and enough surprises to keep a visitor of their toes. Learn how to persuade oysters to reproduce (stress them so they panic and change sex), watch cows choosing when to be milked by robot – while you enjoy the resulting ice cream – and learn the somewhat bizarre history of Lundy. And if you find a child's shoe in your chimney – you'll know exactly why it is there!

To request a review copy or arrange an interview, Q&A or talk with Hilary, please contact: holly.parsons@bradtguides.com. Competition giveaways and reader discount codes are also available for this title.

***Slow Travel: North Devon & Exmoor* by Hilary Bradt**
Published by Bradt Travel Guides, 15 February 2019
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About the author



Hilary Bradt co-founded Bradt Travel Guides in 1974, but now lives in semi-retirement in Seaton, East Devon. After 40 years of writing guidebooks to Africa and South America, she has embraced her chosen home to the extent of insisting that such a large, varied and beautiful county deserved three Slow guides, not just one.

About Bradt Travel Guides

Founded in 1974, Bradt is now the largest independently owned travel guide publisher in the UK, with more than 200 titles currently in print, over half of which have no direct competition from other guidebook lists. The company has won many awards including gold in the Top Guide Book Series category at the 2019 *Wanderlust* awards.

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