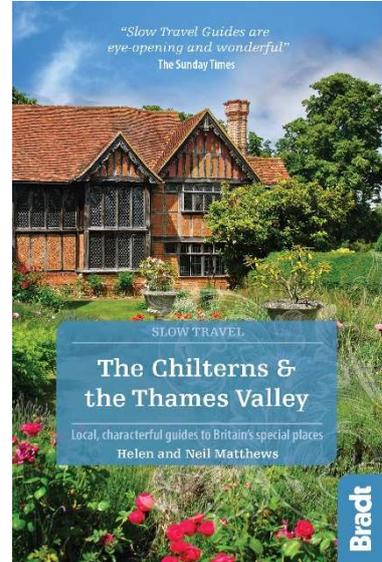


Date: 07.02.2019

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About the author



Helen Matthews is Chilterns born and bred. She and **Neil** have lived in Prestwood, a south Buckinghamshire village in the heart of the Chilterns, since 1991. Neil won the 'Best Unpublished' category of the Bradt/Independent on Sunday Travel Writing Competition in 2008. Helen co-founded a local conservation group and is a member of the Chiltern Society's Save our Pubs working group.

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